

September 14th-18th

Service Hours: 7:00-1:30

Danielle McDougall- GM

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Menu Subject to Change Without Notice

	BREAKFAST	GRILL	ENTREE	DELI	PANINI	EXHIBITION
M	Lumberjack Breakfast Two Buttermilk Pancakes, Two Eggs any Style, Two Sausage Links or Bacon \$4.50 allergens: milk, egg, wheat	Patty Melt Grilled Beef Patty, Fried Onions, Swiss and Cheddar on Marble Rye, French Fries or Fresh Fruit \$5.25 allergens: milk, egg, wheat	Turkey Meatloaf Ground Turkey, Egg, Onion, Panko, Seasonings, Served with Mashed Potatoes, Turkey Gravy, Roast Carrots \$5.95 allergens: milk, egg, wheat, soy	Curried Chicken Salad Croissant Curried Chicken Salad with Raisins, Celery, Onion, Tomato and Lettuce on a Croissant, Fresh Fruit or Kettle Chips \$5.00 allergens: milk, egg, wheat	Ham and Pineapple Kimchi Panini Deli Ham, Pineapple Kimchi, Swiss Cheese, Pressed on Choice of Bread, Fresh Fruit or Kettle Chips 5.00 allergens: milk, egg, wheat	Chicken Mediterranean Bowl or (V) Roasted Tofu Grilled Chicken, Chickpeas, Tomato, Cucumber, Red Onion, Artichokes, Ruby Wild Rice Blend, Mint, Lemon Oregano Vinaigrette \$5.95 allergens:
T	(VG) Zesty Vegan Chorizo Tostada Crispy Tortilla, Refried Beans, Vegan Chorizo, Scrambled Eggs, Tomato Onion, Jalapeno, Pepperjack Cheese \$4.50 allergens: milk, egg, wheat	Grilled Ham and Cheese Grilled Ham and Cheese on Choice of Bread, French Fries or Fresh Fruit \$5.25 allergens: wheat, milk, egg	No Entrée Station Closed	Italian Club Wrap Deli Ham, Turkey, Salami, Banana Peppers, Tomato, Lettuce, Italian Dressing, Rolled in a Wrap Fresh Fruit or Kettle Chips \$5.00 allergens: milk, egg, wheat, soy	Ham and Pineapple Kimchi Panini Deli Ham, Pineapple Kimchi, Swiss Cheese, Pressed on Choice of Bread, Fresh Fruit or Kettle Chips 5.00 allergens: milk, egg, wheat	Mac and Cheese Sauté Cavatappi Pasta, House made Cheese Sauce, Choice of Protein and Fresh Vegetables, Toasted Breadcrumbs, Garlic Toast \$5.95 allergens: milk, egg, wheat, soy
W	Biscuits and Gravy Two Buttermilk Biscuits smothered in Sausage Gravy \$3.95 allergens: milk, egg, wheat	Fried Chicken Ceasar Sandwich Breaded Chicken Cutlet, Romaine, Tomato, Red Onion, Ceasar Dressing on a Bun, French Fries or Fresh Fruit \$5.25 allergens: milk, egg, wheat	No Entrée Station Closed	California Turkey Club Wrap Deli Turkey, Bacon, Avocado, Tomato, Cucumber, Spinach and Garlic Aioli, Rolled in a Wrap, Fresh Fruit or Kettle Chips \$5.00 allergens: milk, egg, wheat	Ham and Pineapple Kimchi Panini Deli Ham, Pineapple Kimchi, Swiss Cheese, Pressed on Choice of Bread, Fresh Fruit or Kettle Chips 5.00 allergens: milk, egg, wheat	Beef or (V) Vegan Chorizo Taco Salad Tortilla Bowl, Beef Taco Meat, Cheese, lettuce, Onion, Tomato, Sour Cream, Black Olives, Salsa, Chipotle Ranch with Seasoned Black Beans \$5.95 allergens: milk, egg, wheat, soy
TH	(BW) Veggie Omelet 🍌 Eggs, Cheese, Cilantro, Onions, Peppers, Tomato, Breakfast Potatoes \$3.95 allergens: milk, egg, wheat	Be Well Healthy Grill Special 🍌 Salmon Burger with Ginger Slaw, French Fries or Fresh Fruit \$5.95 allergens: Milk, Egg, Wheat, Fish, Soy	Chicken Chow Mein Chicken Chow Mein over Bed of White Rice, Crispy Noodles \$5.95 allergens: Milk, Egg, Wheat, Soy	B.L.A.T Panini Bacon, Lettuce, Tomato, Avocado, Garlic Aioli, Pressed on Choice of Bread Fresh Fruit or Kettle Chips \$5.00 allergens: milk, egg, wheat	Ham and Pineapple Kimchi Panini Deli Ham, Pineapple Kimchi, Swiss Cheese, Pressed on Choice of Bread, Fresh Fruit or Kettle Chips 5.00 allergens: milk, egg, wheat	Lemongrass Chicken or (V) Plant Based Chicken Stir-Fry Tempura Chicken Stir Fried with Bean Sprouts, Chili Peppers, Red Onion, Rice Noodles, Basil and Cilantro in a Coconut Curry Sauce \$5.95 allergens: wheat, coconut
F	Corned Beef Hash Grilled Corned Beef Hash, Two Eggs Cooked any Style \$4.50 allergens: milk, egg, wheat	4 Alarm Chicken Sandwich Grilled Chicken Breast with Buffalo Sauce, Pepperjack Cheese, Sliced Jalapeno on a Bun, French Fries or Fresh Fruit \$5.25 allergens: milk, egg, wheat	Honey Glazed Baked Ham Honey Glazed Baked Ham with Cheesy Potatoes, Corn with Onions and Peppers \$5.95 allergens: milk, egg, wheat, soy	French Dip Panini Deli Roast Beef, Horseradish Sauce, Au jus infused Onion, Pressed on a Hoagie, Fresh Fruit or Kettle Chips \$5.00 allergens: milk, egg, wheat, soy	Ham and Pineapple Kimchi Panini Deli Ham, Pineapple Kimchi, Swiss Cheese, Pressed on Choice of Bread, Fresh Fruit or Kettle Chips 5.00 allergens: milk, egg, wheat	Hoisin Glazed Salmon or (V) Tofu Bowl Hoisin Glazed Salom, Cauliflower Rice, Hoisin Sauce, Carrots, Green Onion, Avocado, Lime Wedge \$5.95 allergens: wheat, seafood, soy, sesame