



= BeWell Healthy Option



= Not made with gluten



= Vegetarian



= Vegan

### MAKE IT A SALAD, SANDWICH OR WRAP

**MAKE IT A COMBO +\$2.00**  
add Kettle Chips or Fresh Fruit Cup,  
Canned Soda or Small Bottled Water

#### True Turkey

sliced turkey, provolone, cucumber, lettuce,  
tomato, cucumber, garlic aioli

**\$5.00**

#### Triple Decker Club

sliced, turkey, ham, bacon, cheddar,  
lettuce, tomato, mayo

**\$5.00**

#### Ham and Provolone

sliced ham, provolone, lettuce, tomato, mayo

**\$5.00**

#### Grilled Chicken BLTA

grilled chicken, bacon, lettuce, tomato,  
avocado, garlic aioli

**\$5.00**

#### Mediterranean Chicken

grilled chicken, hummus, feta, artichoke,  
cucumber, roasted red peppers, lettuce

**\$5.00**

#### Vegetarian Mediterranean

hummus, feta, artichoke, cucumber,  
roasted red peppers, lettuce

**\$5.00**

#### Grilled or Crispy

#### Buffalo Chicken Wrap

grilled or crispy chicken, blue or mixed cheese, celery,  
jalapeño, cucumber, ranch or blue cheese, tortilla

**\$5.00**

#### Chicken Caesar Wrap

grilled chicken breast, parmesan cheese,  
caesar dressing, lettuce, tortilla

**\$5.00**

#### Grilled or Crispy Chicken Clubhouse Wrap

grilled or crispy chicken, bacon, mixed cheese,  
jalapeño, tomato, lettuce, ranch, tortilla

**\$5.00**

#### Tuna Salad

tuna, onion, celery, mayo, lettuce

**\$5.00**

#### Tomato Cranberry Chicken Salad **\$5.00**

chicken, raisins, onion, celery, mayo, lettuce, tomato

#### Egg Salad

egg, celery, onion, mayo, mustard

**\$5.00**

2,000 calories a day is used for general nutrition advice, but calorie  
needs vary. Additional nutrition information available upon request.